Name: _____

WORLD HEALTH DAY!

World Health Day, observed on April 7th, is a global health awareness day sponsored by the World Health Organization (WHO) focusing on important health issues facing the world each year and promoting healthier living and access to healthcare for all.

Directions: Use your math skills to find the value of each icon and the '?' in the puzzle below.

🥗 = 😴

29 = 😴 + 🏋️ + 🏋️

27 = 🥗 + 😴 + 🥗

22 = 🧴 − 🏋️

🧴 + 😴 + 🏋️ + 🥗 = ❓

My Answer: ? = _____

Sleep=9

Nutrition=9

Hydration=32

Exercise=10

?=60

Fun Fact: World Health Day was first celebrated in 1950, following its establishment by the World Health Organization (WHO) at the First Health Assembly in 1948. Each year, the day is marked by a specific health theme chosen by the WHO, focusing on a priority area of public health concern in the world, such as mental health, maternal and childcare, or climate change. This thematic approach helps in raising awareness and promoting actions on these critical health issues globally.