Name:



SNACK FOOD MONTH

Snack Food Month, celebrated in February, is a fun and tasty observance that highlights the wide variety of snack foods available, encouraging people to try new snacks and appreciate the creativity and cultural diversity in snack food production and consumption.

Directions: Use your math skills to find the value of each icon and the '?' in the puzzle below.

My Answer: ? = _____

Answer Key:

Fruits and Veggies=14

Pretzel=73

Chips=50

Nuts=6

?=107

Fun Fact: Not all snack foods are unhealthy; in fact, many snacks can be nutritious and beneficial, such as nuts, which are high in protein and healthy fats, yogurt that's rich in calcium, or fruits like apples and berries packed with vitamins, fiber, and antioxidants, offering delicious yet health-conscious options.