Name:





Mac and Cheese Day, celebrated on July 14th, is a deliciously indulgent holiday dedicated to the beloved comfort food, macaroni and cheese, encouraging people to enjoy this classic dish in its many varieties, from homemade recipes to gourmet twists.

**Directions:** Use your math skills to find the value of each icon and the '?' in the puzzle below.

My Answer: ? = \_\_\_\_\_

## **Answer Key:**

Macaroni=6

Mac & Cheese Bowl=4

Milk=8

?=14

**Fun Fact:** While mac and cheese is often considered an American comfort food, its origins can be traced back to Italy. The earliest known recipe for a dish resembling macaroni and cheese was recorded in the 13th-century Italian cookbook, "Liber de Coquina." This recipe, called "de lasanis," involved sheets of pasta dough cut into two-inch squares, cooked in water, and then tossed with grated cheese, likely Parmesan. Thomas Jefferson encountered a version of the dish in Paris and brought the recipe back to America, where it evolved into the creamy, baked mac and cheese that's widely loved today.